



# Saturday, 24.05.2025

11:30 Start of collection of start documents & late registrations until 13:30

12:45 WK meeting SWIM RUN SWIM

13:00 Start SWIM RUN SWIM Children D/E 150/500/100 followed by award ceremony

13:20 approx. start SWIM RUN SWIM Children B/C 300/1000/200 followed by award ceremony

13:50 approx. start SWIM RUN SWIM Children A/ Youth 600/2000/500 followed by award ceremony

14:30 approx. start SWIM RUN SWIM Juniors and General 1.5/5.4/0.9 followed by award ceremony

16:30 CUT OFF

16:30 Award ceremony SWIM RUN SWIM

#### **General information**

## Courses:

- Children D/E 150/500/100

The 150m swimming course is a triangle course and must be swum around once. The 500m running course runs from the transition zone across the car park to the entrance and back.

The 100m swimming course starts from the bridgehead floating jetty across the corner buoy to the finish

#### - Children B/C 300/1000/200

The 300m swimming course is a triangle course and must be swum around twice. The 1000m running course runs from the transition zone onto the promenade to the Terrassenhotel Reichmann, up to the Norduferstrasse cycle path to the Hotel Marolt entrance and back onto the promenade. The 200m swimming course starts from the bridgehead floating jetty in the triangular course which has to be swum twice.

# - Children A/Youth 600/2000/500

The 600m swimming course is a triangle course and has to be swum four times. The 2000m running course goes from the transition zone onto the promenade to the Terrassenhotel Reichmann, up to the Norduferstrasse cycle path to the Hotel Marolt entrance and back onto the promenade and has to be run twice. The 500m swimming course starts from the bridgehead floating jetty in the triangular course which has to be swum four times.

### - Juniors and general 1.5/5.4/0.9

The 1.5km swimming distance is a circular course and has to be swum once clockwise. The 5.4km running course goes clockwise on the marked cycle and footpath once around Lake Klopein. The 0.9km swimming distance is a shuttle course to the outer buoy and back.

# Late registrations:

are still possible up to 1 hour before the start in the event office

### Competition rules

Swimming in swimwear or in one-piece suit, Neo depending on the temperature (but not recommended - change time)

## Change zone

Participants are only allowed to change in the designated area, Running in one-piece suite or running dress (shirt). No one is allowed to leave the change zone without clothing. Underwear is swimming trunks/swimsuits as well as one-piece suit or tripant. The shoes and the change of clothes must be stowed in the change box. (Attention: penalty for non-compliance)

Toilet facilities and changing rooms in the start/finish area

## Event area:

Lido Familie Richler Am See VI Nr. 19 9122 St. Kanzian am Klopeiner See

## **Accommodation:**

Gasthof Menüwir Richler Schulstrasse 3 9122 St. Kanzian T: +43 (0)4239 2248 E: menuewirt@aon.at www.menuewirt.at

Tourismusregion Klopeiner See - Südkärnten Schulstraße 10 9122 St. Kanzian am Klopeiner See T: +43 42 39 2222 E: info@klopeinersee.at www.klopeinersee.at

Participation in the event is at your own risk.

(\*) Subject to changes